



Mental Health Collaborative Managing Child and Adolescent Health Issues in a Primary Care Setting

2022-2023

Accreditation

Mental Health Collaborative (MHC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents.

The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives:

These courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: Physicians, Social Workers, Nurses, Counsellors, Psychologists.

By the end of these courses, participants will be equipped to:

- Manage the mental health needs of their young patients
- Engage in inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

Certified:

This Self-Learning program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to 16 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development.

You may claim a maximum of 16 hours (credits are automatically calculated).

Sep 2022: 2 hours Oct 2022: 2 hours Jan 2023: 2 hours
Mar 2023: 2 hours May 2023: 2 hours Nov 2023: 2 hours
Feb 2023: 2 hours Apr 2023: 2 hours

Claiming your credits:

Visit MAINPORT <https://mainport.royalcollege.ca> to record your learning and outcomes.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at

www.ama-assn.org/go/internationalcme .

2022-2023 COURSES

Learners can anticipate each course to take 2 hours, approximately 60 minutes for viewing the presentation and approximately 60 minutes for discussion board participation and review of suggested resources.

Courses are active from the first to the end of each month.

Month Offered	Course Title
September	Grief: Working with loss and pain toward wholeness
October	Exploring Autistic Wellbeing through the lens of Neurodiversity
November	The Art of Pendulating - “I can’t do this”, “I am overwhelmed” to “I got this”
January	Transgender Youth & Hormone Therapy: An Overview of Medical Options
February	Flourishing Mindsets: Building the Foundational Strengths for Youth to Thrive.
March	Promoting cognitive flexibility in adolescence: Interventions, programs and approaches that appear justified and those that, despite much hype, do not
April	COVID-19 and The Young Child: The developmental impact of the pandemic on infants and young children.
May	Depression in Youth

[View Course Objectives](http://wp.hmhc.ca/cpd/) at <http://wp.hmhc.ca/cpd/>

Contact Us: (403) 955-4642 | mhcollab@ahs.ca
Register at <https://hmhc.ca/cpd/> or [click here](#)